

## **National Department of Health – Clinical guidelines for the management of HIV & AIDS in adults and adolescents**

These guidelines complement existing HIV/AIDS and TB management guidelines, and are the result of extensive consultation through the SANAC Treatment Technical Task Team.

Goals of the Programme:

- Achieve the best health outcomes in the most cost-efficient manner;
- Implement nurse-initiated treatment;
- Decentralise service delivery to primary health care (PHC) facilities;
- Integrate services for HIV, TB, maternal and child health (including prevention of mother to child transmission), sexual and reproductive health, and wellness;
- Diagnose HIV earlier;
- Prevent HIV disease progression;
- Avert AIDS-related deaths;
- Retain patients on lifelong therapy;
- Prevent new infections among children, adolescents, and adults; and
- Mitigate the impact of HIV/AIDS